**Ballymoney National School,**

**Ballineen,**

**Co. Cork.**

**Phone: 023-8847583**

 **6th November 2021**

**Dear Parents,**

**Jog 4 All**

Both classrooms have commenced six weeks of athletics training with Martin from Jog 4 All. This will take place every Thursday. Please remind your children to wear sports clothes and runners on Thursdays. This programme has been very generously sponsored by GCA (Geraldine Coughlan Architects).

**Dental Forms**

Consent Forms for the school dentist have been sent home for sixth class pupils only. Please complete the forms and return them to the school.

**School Nurse**

Elaine Kehilly, the school nurse, will visit the school on Monday 8th November to assess junior infants during the school day. She will contact parents directly if she has any concerns about a child's development.

**Riverside Soccer**

Riverside Athletic Football Club Registration will be on this Saturday 6th November, from 10:00 until 11:30, at Riverside's Carbery Park (pitch beside Carbery). Registration is for all age groups, juniors up to 6th class inclusive - Boys and Girls. The registration form is attached, please have forms completed for Saturday. They are also looking for more coaches / assistance for all age groups so anyone interested should let them know on the day. All age groups will need at least two coaches for the group to go ahead, no experience is needed.

**Additional Activities Payment**

Thank you to all the families who have paid their AAP (Additional Activities Payment) so promptly, the recommended amount in €100 per pupil. This can be paid in instalments if necessary.

**Team Hope Shoeboxes**

Thank you to the families who have brought in shoe boxes for Team Hope's Christmas Shoebox Appeal. Please note that the deadline for bringing them in is next Monday 8th November.

**Debate**

The second round of the Concern Primary Debating Competition will take place on Tuesday 16th November against Clogagh National School. The motion is 'Billionaires should not go to Space'. We are opposing the motion.

**Dojomor**

There are free coding workshops available from 10am on Saturday 6th November on [www.dojomor.ie](http://www.dojomor.ie/). It is suitable for young people ages 8 to 18.

**Community Games Choir Competition**

The Community Games will be creating a Virtual Christmas Choir Video this year. The rehearsals and arrangements will be facilitated by musical director Shane Farrell from Operation Transformation. The competition is for 6 to 16 year olds. To enter, children can make a one minute video of their child singing and upload it to [www.communitygames.ie/choir](http://www.communitygames.ie/choir). The closing date is the 14th November.

**Sleep for National School Children**

The link below is to a recording of a webinar on the importance of sleep for national school children with Lucy Wolfe.

<https://planetyouth.ie/the-importance-of-sleep-for-our-national-school-children/>

There are also copies of the slides in the link below.

<https://www.facebook.com/PlanetYouthIreland>